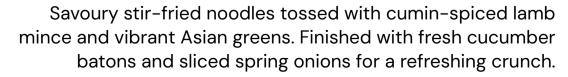






Cumin Lamb Noodles





FROM YOUR BOX

WHEAT NOODLES	1 packet
SPRING ONIONS	1 bunch
LAMB MINCE	500g
ASIAN GREENS	1 bunch
LEBANESE CUCUMBERS	2

FROM YOUR PANTRY

oil for cooking, salt and pepper, ground cumin, soy sauce or stir-fry sauce of choice

NOTES

Asian greens can be quite sandy. Trim the ends and soak leaves in water to remove excess sand.

You can add extra vegetables such as slice capsicum, mushrooms or carrot.

No gluten option - wheat noodles are replaced with rice noodles. Cook according to packet instructions.

1. COOK THE NOODLES

Bring a saucepan of water to a boil. Add noodles to boiling water and cook according to packet instructions or until al dente. Drain, rinse and set aside.

2. COOK THE LAMB

Heat a large wok or frypan over high heat with oil. Slice and add spring onions (see tip). Add lamb and **1 tbsp ground cumin**. Cook, breaking up the lamb with a spatula, for 5 minutes. Season salt and pepper.

Use sesame oil for extra fragrance. Reserve spring onion tops for garnish. You can use cumin seeds instead of ground cumin. Add some grated ginger or crushed garlic for depth of flavour. If you like some spice, ground Szechuan peppercorns or chilli flakes work well!

3. ADD GREENS

Trim and slice Asian greens (see notes). Add to pan and cook for 2 minutes until wilted. Add cooked noodles and 2 tbsp stir-fry sauce (see tip). Toss until well combined.

Oyster sauce, hoisin sauce or kecap manis works well for this dish. You can also add 1/2-1 tbsp rice wine vinegar to balance the flavours if needed.

4. FINISH AND SERVE

Divide noodles among bowls. Cut cucumbers into batons (or slice) and use to garnish along with reserved spring onion tops.



Add some fried shallots, toasted sesame seeds or peanuts to garnish the dish.

This recipe has simplified instructions to help lower your meal cost.