





Pork and Cabbage

Noodle Stir-Fry



25 minutes 4 servings



Quick and tasty stir-fry, featuring pork mince, vibrant vegetables, and rice noodles, all topped with mixed sesame seeds.

FROM YOUR BOX

RICE NOODLES	2 x 200g
GINGER	1 piece
SPRING ONIONS	1 bunch
GREEN CABBAGE	1/4
RED CAPSICUM	1
CARROT	1
PORK MINCE	500g
SESAME SEEDS	1 packet

FROM YOUR PANTRY

sesame oil, soy sauce (or stir-fry sauce of choice)

NOTES

You could save the cabbage leaves and use to make wraps instead. Add cooked noodles and stir-fry pork mince with vegetables as the filling. Serve with a dipping sauce.

1. COOK THE NOODLES

Bring a saucepan of water to a boil. Add noodles and cook according to packet instructions or until just tender. Drain and rinse well with cold water to stop the cooking process.

2. PREPARE THE INGREDIENTS

Peel and grate ginger. Slice spring onions (reserve tops for garnish), cabbage and capsicum. Julienne or ribbon carrot using a vegetable peeler.



TIP You can prepare a seasoning sauce (3-4 tbsp in volume) at this step so that it is ready to go in step 4. Use oyster sauce for richness, rice vinegar for acidity and sweet chilli sauce for flavour. Add some honey or tomato sauce for a touch of sweetness.

3. COOK THE STIR-FRY

Heat a large frypan or wok over medium-high heat with 2 tbsp sesame oil. Add ginger and spring onion and cook until fragrant. Increase heat to high and add pork mince. Cook for 5 minutes until sealed and season to taste (see tip). Add vegetables and cook for 3-4 minutes until tender.



Add some crushed garlic if you have some. We added 1 tsp Chinese Five spice as well as 1 tbsp soy sauce to flavour the pork.

4. FINISH AND SERVE

Reduce heat to low. Toss cooked noodles through vegetables along with 3-4 tbsp stir-fry sauce of choice. Garnish with sesame seeds and spring onion tops.



We used 2 tbsp oyster sauce, 1 tbsp soy sauce and 1 tbsp sweet chilli sauce to flavour the noodles.

This recipe has simplified instructions to help lower your meal cost.