

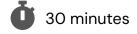




Lemongrass Pork Skewers

with Coconut Rice

Pork skewers flavoured with fragrant lemongrass, served with coconut rice, fresh and crunchy salsa, lime dipping sauce and topped with shredded coconut and roasted peanuts.





4 servings



Speed it up!

Switch the skewers to a stir-fry to save time. Sauté lemongrass and garlic cloves in a frypan until fragrant. Add pork and season to taste with fish sauce and pepper.

TOTAL FAT CARBOHYDRATES

FROM YOUR BOX

BASMATI RICE	300g
COCONUT MILK	400ml
LEMONGRASS	1 stalk
GARLIC CLOVES	2
PORK MINCE	500g
RED CAPSICUM	1
LEBANESE CUCUMBERS	2
RED APPLE	1
LIME	1
PEANUT AND COCONUT MIX	1 packet

FROM YOUR PANTRY

oil for cooking, salt, fish sauce, skewers, sweet chilli sauce

KEY UTENSILS

large frypan, saucepan

NOTES

Follow the QR code in step 2 for a tutorial. Slice off the very bottom of the stalk, peel off any dried-out layers and remove the hard triangular core. Bash with a rolling pin to soften and release aromatic oils.

Instead of skewers you can shape the mince into meatballs or rissoles.



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1. MAKE THE COCONUT RICE

Place rice and coconut milk in a saucepan. Add 11/2 cups water and a pinch of salt. Cover with a lid and bring to a boil. Reduce to lowest heat for 10-15 minutes. Remove from heat, stand for 5 minutes. Stir carefully with a fork.



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Prepare the lemongrass (see notes). Crush garlic cloves. Add to pork mince along with 2 tsp fish sauce. Mix to combine. use oiled hands to shape evenly across 16 skewers (approximately).

2. PREPARE THE SKEWERS



3. COOK THE SKEWERS

Heat a large frypan over medium-high heat with **oil**. Add skewers and cook, turning, for 6-8 minutes until cooked through.



4. MAKE THE SALSA

Dice capsicum, cucumbers and apple. Toss in a bowl to combine.



5. MAKE THE DIPPING SAUCE

Zest lime and juice half (wedge remaining). Add to a bowl as you go along with **3 tbsp** sweet chilli sauce. Mix to combine.



6. FINISH AND SERVE

Divide coconut rice among plates. Serve with salsa, skewers and dipping sauce. Garnish with peanut and coconut mix and serve with lime wedges.

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